

Brain Development Roadmap

A simple overview of how the brain develops—and why challenges show up when development is uneven.

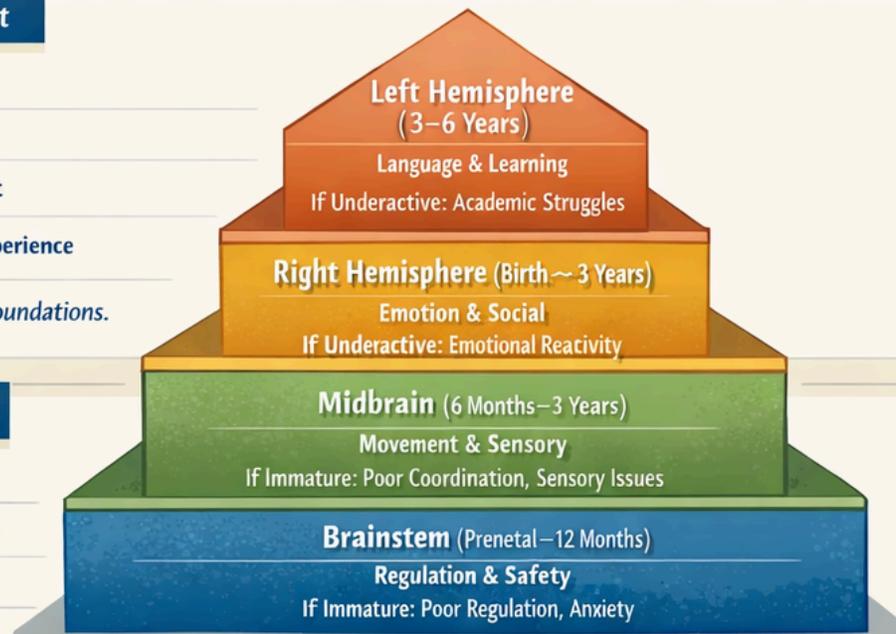
Core Rules of Development

- ▶ Bottom-Up
- ▶ Back-to-Front
- ▶ Right Hemisphere Before Left
- ▶ Built Through Movement & Experience

Higher skills depend on lower foundations.

The Developmental Stack

- ▶ Early Infancy
- ▶ Missed or Rushed Motor Stages
- ▶ Reduced Sensory Input
- ▶ Excessive Screen Exposure



These do not cause damage—but they can slow, skew, or unbalance development.

Where Things Commonly Break Down

- ▶ Early Infancy
- ▶ Missed or Rushed Motor Stages
- ▶ Reduced Sensory Input
- ▶ Excessive Screen Exposure
- ▶ Chronic Stress or Overload

What Commonly Disrupts Development



None of these mean something is “wrong.”

Why Symptoms Overlap



Labels describe what we see. Development explains why.

The Takeaway

- ✓ Development follows a sequence
- ✓ Gaps create predictable struggles
- ✓ Development can continue

Clarity comes before action.